



Nashauonk Mittark™



© Copyright 2016

www.mashpeewampanoagtribe.com

August 2016

DRUM BEAT

IN THE NEWS

DEPARTMENTS

COMMUNITY

Chairman's Column



Greetings Tribal Citizens,

Honoring our elders is an ingrained tradition among the Wampanoag. The interconnectedness of the generations from the very youngest to our most senior citizens strengthens us immeasurably. We are enriched by the love and guidance our Elders provide, the history and culture they share, and the personal wisdom that builds our character. We can never thank them enough, so it was a great privilege for me to address our 5th annual Elders Award Ceremony that also served as an inauguration of Honoring our Native American Elders Day last month.

It was a proud day to see the Mashpee Wampanoag Tribal Community and Government Center filled with more than 200 people attending the event including dozens of Elders from neighboring Tribal nations and a group representing the Pala Band of Mission Indians who traveled all the way from California.

It was not so long ago, in a very modest tribal administration building on this same land, hosting this event would not have been possible for us. This is such an amazing manifestation of our growth, to have the ability to demonstrate our gratitude to our Elders and recognize their contributions to our community of all ages.

But while the bricks and mortar represent a physical sign of our success, the many tribe members who work here daily are evidence of a thriving community. Those employees are the fuel for the economic engine that sustains us in our ancestral land. They now have new leadership from someone very skilled and qualified who is also very familiar

(Continued on page 3)

Leslie Jonas Hired as Tribal Administrator

After stepping up for a short time as the Interim Tribal Administrator for the Mashpee Wampanoag Tribe, the Tribal Council officially named Leslie Jonas to the position in mid July. Leslie has a long history of working successfully through large projects for the Tribe and is also the first Mashpee Wampanoag Tribal Citizen to hold the position.

"It's such a rewarding feeling to work on behalf of our tribe in a capacity like this," said Leslie. "I know the people in the building, I understand the issues our community is facing and I can see first-hand the impact each department and service is having on our Tribe. I think this is an important distinction between myself and other people that have held this position."

With a strong background in organizational communications and development, Leslie is interested in fully developing the resources currently available at the Tribe and streamlining processes, policies and procedures. "There's a lot of great working taking place in our government center and great opportunities on the horizon," said Leslie. "It's my job to hone in on those resources and make sure we realize those opportunities. To do that we need to make sure we are working efficiently and cooperatively toward mutual goals."

Prior to accepting the position Leslie enjoyed a successful career as a senior development strategist and grants manager consultant for many, local non-profits. Her clients



ranged from child advocacy and land preservation to Indian Tribes, including the Mashpee Wampanoag Tribe.

Leslie was the Tribe's Powwow Director in 2009, 2010 and 2011. The organizational and marketing plans she developed over those years are still being used today. In addition, she has spent the past six years working as either a full or part-time contract consultant the Mashpee Wampanoag Tribe.

"We're extremely fortunate to have a Tribal Citizen with the background and knowledge that Leslie has to serve as our Tribal Administrator," said Chairman of the Mashpee Wampanoag Tribe Cedric Cromwell. "We all know Leslie and what she brings to

(Continued on page 7)

Tribal Council Adopts Tribal Action Plan

Recently Tribal Council passed the 2016-Resolution - 066, adopting the Mashpee Wampanoag Tribal Action Plan as the Tribe's Community Wellness Strategy to Address Alcoholism and other Substance Abuse. The Tribal Action Plan was developed over the past year with community engagement and steered by the Tribal Coordinating Committee in partnerships with federal agencies such as the Substance Abuse and Mental

Health Administration (SAMHSA) and Indian Health Services.

The vision of the Mashpee Wampanoag - Tribal Action Plan is to create a safe, sustainable, and supportive community that embraces cultural knowledge with love, respect and hope. To see a future for all of our people to live a healthy and thriving life style. To get to that vision, our mission is to develop and implement a Tribal Action Plan

(Continued on page 4)

Events Calendar

New Events

August 6

Youth Sobriety Powwow, MWTCGC
Powwow Grounds

August 7- 1:00 p.m. to 5:00 p.m.

Back 2 School Bash, MWTCGC (*rain date is August 8*)

August 14- 2:00 p.m. to 4:00 p.m.

General Body Meeting, MWTCGC

August 21 - 11:00 a.m.

Richard Bourne Sunday Service, *Old Indian Meeting House*

August 24 - 6:30 p.m. to 8:00 p.m.

Planning for College Workshop, MWTCGC

September 10 - 1:00 p.m. to 2:00 p.m.

Medicare Update, MWTCGC

September 17 - 9:00 a.m. to 3:00 p.m.

Peacemaking Training, MWTCGC

October 1

20th Annual Mashpee Wampanoag Ball,
Resort & Conference Center of Hyannis

Weekly Events

Mondays - 5:30 p.m. to 7:30 p.m.

Youth Boys Basketball, MWTCGC

Mondays - 6:00 p.m. to 8:00 p.m.

Craft Night, MWTCGC

Tuesdays - 11:30 a.m. to 1:30 p.m.

Elders Lunch & Learn, MWTCGC

Tuesdays - 5:30 p.m.

Enrollment Committee, MWTCGC

Tuesdays - 6:00 p.m. to 8:00 p.m.

Coed Volleyball, MWTCGC

Wednesdays - 10:00 a.m. to 11:00 a.m.

& 5:30 p.m. to 6:30 p.m.

Tribal Health Yoga with Virginia and Kimma, MWTCGC

Thursdays - 11:30 a.m. to 1:30 p.m.

Elders Lunch & Learn, MWTCGC

Thursdays - 6:30 p.m. to 8:00 p.m.

Youth Dance & Drum Class, MWTCGC

Fridays - 10:45 a.m. to 11:45 a.m.

Pre School Language Hour, MWTCGC

Fridays - 5:30 p.m. to 6:30 p.m.

Tribal Health Zumba with Shirley,
MWTCGC

Sundays - 10:00 a.m. to 11:00 a.m.

Tribal Health Zumba with Shirley,
MWTCGC

Tribal Citizens Attend UMass Boston Field School



Marcus Hendricks and Kerri Helme recently had the opportunity to attend the UMass Boston Field School from May 31 to July 1. The program focused on shallow geophysical survey, Coring, and test excavation in downtown Plymouth.

Kerri felt they both were able to take a lot away from the program. "Field School was an incredible Avenue for us to learn and practice under the guidance of two outstanding professors Dr. David Landon and Dr. Christa Berenek," said Kerri. "What we have learned will help us out in the field to better serve our community as cultural resource monitors."

Through the program Kerri and Marcus learned the process of archaeology including field recording, ground-penetrating radar, mapping, excavation sample collection, and basic artifact analysis in historical deposits.

The work completed during the program is being used to launch "Project 400: The Plymouth Colony Archaeological Survey," a broad project of site survey and excavation leading up to the 400th anniversary of the pilgrim's landing in 2020.

Cameron Frye



Congratulations to Cameron Frye who graduated from Bryant University. Cameron received his Bachelors of Science degree in business administration with a double major in political science/law and marketing at the university's commencement ceremony held on Saturday, May 21.

Aliyah Molokwu

Aliyah Molokwu attends Cape Cod Technical Regional High School in Harwich Mass. She will be a senior in September. Her family is proud to say that she is President of the National Honor Society, Vice President of her 2017 Senior Class and is a certified Nursing Assistant. Between June 18 and 19 she took part in a Relay For Life Team for Cancer in Dennis. Aliyah is presently employed at the Cotuit Royal Nursing Home. She is the daughter of Valerie Fernandez and granddaughter of Sonya Avant.

Do You Have News to Share in the Mittark?

Do you have Tribal news to share? We want to hear from you. All Tribal Members are encouraged to submit news to be included in the Nashauonk Mittark. Please contact Trish Keliinui at trish.keliinui@mwtribe.com.

Medicare Update for Elders on Saturday, September 10

Attention American Indians, Alaskan Natives and Native Hawaiian Elders. SHINE Counselor Robyn Tobey Stamps will be presenting some important information regarding Medicare Parts- A, B & D, and the Medicare Savings Program on September 10, 2016 at the Mashpee Wampanoag Tribe Community and Government Center from 1:00PM - 2:00PM.

Remember, Medicare Open enrollment is around the corner.

For more information please contact Donald Peters at (508) 477-0208 x 117.

Youth Sobriety Powwow to be Held on August 6



Save the date for the Mashpee Wampanoag Tribe Youth Sobriety Powwow on Saturday, August 6. The powwow will be held at the Powwow Grounds outside the Mashpee Wampanoag Tribal Community and Government Center.

Gofundme for a Little Warrior Setup

In an ideal world money would never stand in the way of a person - never mind a beautiful little boy - getting the medical treatment they needed to live a full, happy life. Sadly, we are not living in an ideal world and Marcy Hendricks desperately needs the support of this community to save her little warrior's life.

Marcy and Bryan Purdie's son Bryson is 17 months old and has a rare immune deficiency called CD Ligand 40 and lung disease. For the past 8 months Marcy has prayed that a bone marrow donor will be found, but there is less than a 1% chance of finding a donor because of his ethnicity.

However, there is another way of saving Bryson. Marcy was informed that a geneticist could find an exact match to Bryson by doing extensive testing of embryos through a process called IVF. However, the process is very expensive and not covered by Marcy's health insurance. It's estimated that the cost of the testing, procedure and medications could exceed \$35,000. And that does not include the travel and personal expenses that it will also cost.

To help cover these costs Marcy setup a gofundme account to collect online donations for her son's cause. You can make an online donation at <https://www.gofundme.com/2cj347g>. It's a very simple and easy process. However, online donations seem to



have stalled after just one week and a little over \$1,000...a long way from the \$40,000 she needs.

Paula Peters, tribal citizen, shared her concern for more fundraising in a post on facebook with a link to the gofundme account. "It has been a week and only \$1,000 raised for Bryson. \$39,000 left to go while the clock ticks. Individually none of my friends have the money needed to save this little boy. But collectively we all have what it takes. Never has 'every little bit helps' been so real to me. Honestly, don't just like and share, donate. Make his cure happen."

Chairman's Column *(continued)*

to most of them. On July 15 Leslie Jonas was hired to become tribal administrator after serving briefly as an interim in that position. Leslie is an active tribal member who has served our community in many capacities volunteering, sitting on various committees and working as a consultant. As the first tribal citizen to hold this position she not only brings a wealth of relevant education, background and experience, but I personally know Leslie to be strong, decisive and resourceful with a unique sensibility to our tribal community. I look forward to the continued growth of this administration under her leadership.

While any chain is only as strong as it's weakest link our awareness of the crisis of addiction in our community is top of mind and was addressed by the recent passage by Council of a resolution to establish a formal action plan for tribal wellness. This plan has been in development for more than a year led by our Tribal Coordinating Committee, engaging effected

members of the community and partnering with substance abuse councils and agencies that have similar goals. Council recognized the incredible amount of work that went into the plan and the strong desire of the Tribal Coordinating Committee to make it work. While addressing the obvious and necessary treatment concerns the plan also looks at our community and the issue in a holistic sense. It involves the development of a youth center that will not only provide preventative and intervention services, but will be a center for cultural and traditional healing. At the same time it incorporates actions to support education, employment and housing. It can be the overall safety net for those who are at risk or actively affected to fall into. Let's all be supportive in getting this effort off the ground.

Kutâputunumuw,
Cedric Cromwell
Qaqemashq (Running Bear)

Tribal Action Plan Adopted *(continued)*

that will enhance community wellness. The Tribal Action Plan will be a living breathing document that will connect our social services programs in addressing the needs of our tribal community through a systemic and holistic approach. By increasing community wellness into current and future Mashpee Wampanoag Tribal social services programs we will be addressing alcohol and substance abuse issues at a macro level for maximum impact.

Last fall, the Tribal Coordinating Committee conducted a two day community wellness input session with the SAMHSA's Tribal Assistance team. During that session we conducted an environmental scan that included a multiple process to support a collective viewpoint of the status and wellness of Mashpee Wampanoag Tribal citizens.

The following is a snap shot of the 5 goals that came out of the 2-day wellness input session.

Goal 1: Ongoing wellness & healing for all tribal citizens.

Strategy: Annual events and programming that brings; awareness, education and healing opportunities including cultural, wellness, medical and social for all tribal citizens.

Immediate Output: Increase the community readiness for wellness.

Short-Term outcomes: Increase of participants within the Mashpee Wampanoag community in prevention activities.

Goal 2: Expand Youth and Families Prevention and Intervention Services

Strategy: Development of a Youth Center, expand collaborative stakeholders, support cultural and traditional healing.

Immediate Output: Raise community awareness of challenges and increase youth prevention services; specifically by providing after school programming, and building up cultural programming.

Short-Term Outcomes: Build up capacity around youth prevention, intervention and treatment programming that will provide for peer to peer support, healthy life development and positive leadership capabilities.

Goal 3: Economic development for prevention and wellness for all phases of life development

Strategy: Supporting tribal enterprises, increase support for financial literacy and promote self-sufficiency.

Immediate Output: Increase education and employment of tribal citizens



Tribal Coordinating Committee (TCC)

zens and target funding streams for workforce development and small business growth.

Short-Term outcomes: Strengthening the Tribal Employment Rights Office and Workforce Investment Act Department to expand in encouraging Tribal enterprises and self-sufficiency that will help bring economic sustainability to our community.

Goal 4: Inter-governmental collaboration across, prevention systems, with transparent community engagement

Strategy: Supporting the Mashpee Wampanoag Administration and Tribal council in creating internal and external communication avenues around social service programming with all stakeholders to create better partnerships.

Immediate Output: Creating better internal systems of communication

Short-Term outcomes: Increase Tribal members, employees, outside stakeholders' awareness of our Tribal wellness systems

Goal 5: Development of affordable housing home ownership assistance and the development of "wellness starts in the home initiative "

Strategy: Create partnership with Housing department for the creation of affordable housing and supportive services for wellness in all tribal homes. Immediate Output: Increase family preservation through building traditional healthy family relationships

Short-Term outcomes: Family and individual plans for tribal housing assistance as well as increase wellness and healthy relationship and self-sustainability with in the household.

Long-term Outcomes: A healthy and well Mashpee Wampanoag Community. A reduction of risky behavior such as substance abuse, violence and incarceration.

The Tribal Action Plan is led by the project manager Hope Shwom through the Office of Tribal Administration in collaboration with the Tribal Coordinating Committee.

The Tribal Coordinating Committee members are as followed: **Jessie little doe Baird**, Tribal Vice-Chairwoman; **Cheryl Frye-Cromwell**, Tribal Councilwoman, USHHS Secretary Burwell Tribal Representative, IHS DSTAC Vice-Chair, NTAC Representative-Division of Behavioral Health; **Rita Gon-salves**, RN, Health Systems Administrator in IHS Mashpee Wampanoag Health Service Unit, NAO Federal Liaison, Mental Healthcare Treatment Center Program Development Associate; **Alexandra Lopes-Pocknett**, Substance Abuse Case Manager for the Tribe and Certified Recovery Coach; **Lorraine Reels-Pearson**, Supervisory Health Systems Specialist, IHS Mashpee Wampanoag Health Unit; **Marcy Hendricks**, Certified Recovery Coach and Certified in Ethical Considerations for Recovery Coaches; **Pauline L. Peters**, RN, Certified Pediatric Nurse, MWT Tribal Elder, and Elders Judiciary Committee-Peacemaker; **PumukQien Collins M.A.**, LMHC, LSWA, NCC-CCMHC, BCPC Clinical Therapist, Behavioral Health Specialist, Behavioral Health Department Mental Health First Aid Instructor, QPR Gatekeeper Instructor, IHS Mashpee Wampanoag Health Service Unit; **Tracy Kelley**, Tribal Youth Director; **Kevin Frye**, Chief Agent of Mashpee Wampanoag Tribe Police Department, Master Officer of Mashpee Town Police Department, and Chairman of the MWT Public Safety Commission; **Unique A. Lopes**, Tribal Human Services Director; **Aaron Tobey**, former Vice Chairman and volunteer re-entry advocate.

For more information or to view the full, completed Tribal Action Plan visit www.MashpeeWampanoagTribe.com/announcements.



TRIBAL ACTION PLAN

MASHPEE WAMPANOAG WORKING TOGETHER FOR WELLNESS

Tribal Action Plan Adopts New Logo



TRIBAL ACTION PLAN

MASHPEE WAMPANOAG WORKING TOGETHER FOR WELLNESS

The Tribal Action Plan committee is pleased to introduce a new logo that they recently adopted. The graphic image will be used on all material associated with TAP and will better help the community identify the many opportunities available through this plan.

The logo design shows a sun rising over a beach of wampum. The sun has seven rays serving as a reminder that we are here to protect our land and this community for the next seven generations. This logo represents us as a community - People of the First Light - and that through this plan we are shining a light on what it truly means to be a healthy, sober people. It's designed to be a shining beacon of hope for all that see it. It's a visual reminder that through action and wellness our community will find a bright, beautiful future on the horizon.

The TAP Committee hopes that you find beauty and your own unique meaning within the logo and will display it with pride.



About Paul Raphael

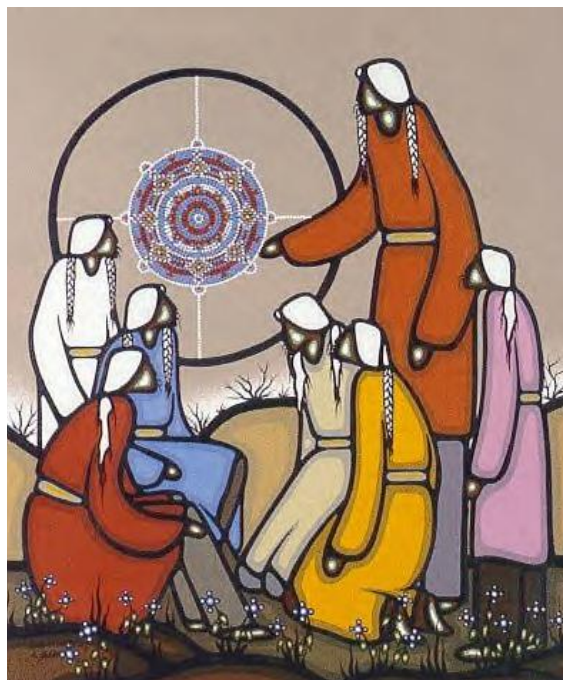


Paul Raphael is a member of the Grand Traverse Band of Odawa Indians. He is a tribal elder from Peshawbestown, Michigan of the Raven Clan. Paul is an International Peace Maker working towards developing peacemaking in communities here in the U. S. and in Europe. Paul has worked with Tribal Courts and State Courts in Michigan. He has also worked with people dealing with loss, grief and historical trauma.

A Comparison Between Courts, Mediation, and Peacemaking

Below is a summary of Peacemaking Circles: From Crime to Community by Kay Pranis, Barry Stuart, and Mark Wedge (2003). This article speaks to Peacemaking Circles and the importance of the Circle. The last article looked at core values which includes respect, honesty, trust, humility, sharing, inclusivity, empathy, courage, forgiveness and love and how each value is defined. However the meaning of each of these values is for the Circle to decide. Each Circle will almost certainly give different meanings to these values because each circle will be comprised of different people. Once the values are discussed and the Circle arrives at a meaning for them, these values reinforce one another such that the effect of their whole is far greater than the sum of their parts. After the Circle decides on values and their meanings we turn to putting those values into practice in setting up the Circle. There are guiding principles for setting up a Circle. These guidelines are just that guidelines. They are not rigid rules. These principles help us resist the urge to take shortcuts by relying on old habits of responding to conflict. These principles also rely on a simple starting assumption: we can't get to a good place in a bad way. With that assumption in place, we turn to our guiding principles.

There are guiding principles for setting up a Circle. These guidelines are just that guidelines. They are not rigid rules. These principles help us resist the urge to take shortcuts by relying on old habits of responding to conflict. These principles also rely on a simple starting assumption: we can't get to a good place in a bad way. With that assumption in place, we turn to our guiding principles.



DO YOU WANT TO LEARN MORE ABOUT PEACEMAKING?

FREE TRAINING

Saturday 9/17
9am – 3pm

Located at Mashpee Government Center

SEPTEMBER 17, 2016 PEACEMAKING TRAINING

Presented by Paul Raphael, Odawa Tribe

“The Art of Peace begins with you”

Morihei Ueshiba

For more information contact the Tribal Court at (508) 477-0208 X190

www.mwtribejudicial.com

Elders Come Together and Celebrate

Over 200 elders, from as far away as the Pala Band of Mission Indians from San Diego California, came together at the Mashpee Wampanoag Tribal Community and Government Center on Friday, July 22 for the inaugural Honoring Our Native American Elders Day and the 5th Annual Elders Award Ceremony. The social and awards ceremony was hosted by the Mashpee Wampanoag Tribal Elders.

Chairperson of the Elders and Director of the Elders Department Joanne Frye saw this as a great opportunity to renew connections with neighboring elders both near and far. "Our elders worked extremely hard to get the word out about this event," said Joanne. "The response was overwhelming. We had elders from California, Rhode Island, Connecticut, New York and over 60 from our cousins in Aquinnah that joined us. There were a lot of stories; traditions and healing that took place. I think it was exactly what our communities needed."

In addition to the social connections that took place, the event was also an opportunity to recognize the outstanding contributions our elders have made throughout the

year and over a lifetime. During the 5th annual awards ceremony six elders - Warren Hicks, Sr.; Curtis Frye, Sr.; Edward Peters; Marlene Perry; Charlene Maddox; and Martha Pearson - were presented with the 2016 Lifetime Achievement Award. Also, Jeanne Peters was presented with a special award for her outstanding contributions of donations, cooking and volunteering at so many Elders events. Henry Peters Sr., was also presented with a special 90th blanket.

Joanne truly saw this as a community event that would not have been possible without the support of so many natives. "I would like to thank all of the volunteers that helped to make this a great event," said Joanne. "First I'd like to recognize my granddaughter Amiyah Peters. She worked all day with me and the cooks Sonya Avant-Sanders, Judy Averett, Brad Lopes, Jr. (Dink), Carolyn Turner, Donna Johnson and Melinda Costa our kebabs makers. I also received a lot of support from my Admin Latoya Green and the many elders that volunteered on Tuesday and Thursday to organize the event. We had so many volunteers and supporters that were all great. It would be far too long of a list to mention them all and I

may forget somebody if I tried and feel bad."

In addition to the many volunteers the Elders received support from Cooke's restaurant, the Cape Cod Children's Museum, Dino's Pizza and Sports Bar, Mark Tilden, First Light Oysters and Tom Wright and Dave Greene from First Light Resort & Casino. And of course, a big thank you to all of the elders that donated food.

Other events that took place included opening remarks and prayers for those that have passed on and a special performance by the youth from the summer Turtle Camp.

Joanne received nothing but positive feedback on the event and will be talking with the other Tribe's about making Honoring Our Native American Elders Day an annual event with Tribes taking turns hosting it.



Tribe Receives Over \$160,000 Grant for Professional Training

The Baker-Polito administration announced on June 24 more than \$8.47 million in Workforce Training Grant funds to 101 companies, which will enable the businesses to train current or newly hired workers. Among the 101 awardees was the Mashpee Wampanoag Tribe, which received \$162,020 to train 85 workers and add 15 additional jobs expected by 2018.

"We know that a skilled workforce is key to driving economic growth in the Commonwealth," Governor Charlie Baker said. "Companies constantly tell us they need more skilled workers and these grants enable businesses large and small to provide those training opportunities in-house."

The Workforce Training Fund is an important tool in assisting Massachusetts businesses in becoming more competitive by investing in the skills of their workers. The Workforce Training Fund is also a vital resource to thousands of Massachusetts' workers who wish to advance their skills to achieve promotional opportunities and higher wages.



"Our administration is focused on meeting the needs of employers in Massachusetts by aligning workforce training, economic development and education," Lieutenant Governor Karyn Polito said. "These grants offer a unique opportunity for local businesses not only to improve their workers skills, but also to boost their bottom line as a result of the training."

The Workforce Training Fund provides grants up to \$250,000 to companies of any size in Massachusetts to pay for workforce training over a two-year period. Grants are awarded to projects that will upgrade workers' skills, increase productivity, and enhance the competitiveness of Massachusetts busi-

nesses. Grants are matched dollar-for-dollar by the award recipients.

Angela Shwom, procurement officer for the Mashpee Wampanoag Tribe, sees this as a great opportunity to grow the talent base at the Tribe. "With the support of the Workforce Training Fund Program, the Tribe can focus on improving the skills of our workers and developing the future leaders of this community."

The Workforce Training Fund is a program of the Executive Office of Labor and Workforce Development. The program is administered by Commonwealth Corporation, a quasi-public state agency that fosters partnerships between industry, education and workforce organizations to strengthen skills for youth and adults in order to help them thrive in the state's economy.

The Executive Office of Labor and Workforce Development and Commonwealth Corporation hope to encourage businesses to address workforce training needs through the Workforce Training Fund. The fund awards more than \$1 million each month, on a rolling basis throughout the year. For more information about the program visit www.commcorp.org/wtftp.

Leslie Jonas *(continued)*

the table. She has incredible energy, enthusiasm, dedication and experience... qualities she has consistently brought to every job and project she's worked on."

Leslie has also focused her talents and energy on preserving the culture, heritage and language revitalization of her Tribe. For over six years she volunteered as the Tribe's Enrollment Committee Secretary and Chair and provided countless hours of pro bono work as a grant writer. In 2014 Leslie completed a full suite of language curriculum through the Wôpanâak Language Reclamation Project.

Leslie has a Bachelor of Arts in Mass Communications from Emerson College and a Masters of Science degree in Community Economic Development from SNHU. A program under which she studied MBA level organizational leadership and Accounting/Financial Analysis.

Please join the Tribal Council, operations staff and the entire community in welcoming Leslie into her new position.

Tuesday Volleyball Moves to the Pond



Tribal Health Co-ed Volleyball is now being held at the Mashpee Pond every Tuesday evening from 6:00 p.m. to 8:00 p.m. during the summer. (Rain days will be at the Mashpee Wampanoag Tribe Community and Government Center.)

They held their first game at the pond on Tuesday, July 19. There was a great turnout of both tribal members and friends of the tribe that showed up to play and watch. The group event got Mashpee Police Master Officer Ryan Nardone to take a break from his patrol to play a game while his partner Police Officer Michelle Princi

cheered everyone on. It was a huge success.

There are many benefits of playing volleyball, both physically and mentally, as it is a fun way to burn calories, it is a sport that exercises many parts of the body and it allows players to develop skills to work well with others. Volleyball also improves balance, hand-eye coordination and reflexes. Come out, stay active and live healthy!

For more information on Disease prevention activities contact Kim Frye at (508) 477-0208 x 103.





Housing Department Seeking Input

It is time for the Mashpee Wampanoag Tribe Housing Department to prepare the 2017 Housing and Urban Development (HUD) Indian Housing Plan (IHP). Each year the Housing Department is required to submit an IHP as part of our request for funding through the Indian Housing Block Grant Program. The Indian Housing Plan will outline the specific needs within our community that we will be requesting grant funds for calendar year 2017. Eligible activities include housing development, housing services to tribal families and individuals, crime prevention and safety, and activities that provide creative approaches to solving affordable housing problems.

As the Housing Commission and the Housing Department prepares the IHP they would like to hear from the Tribe about the different housing needs they feel we should focus on in 2017. One area that we will absolutely focus on in the IHP is the need for continued and improved affordable rental units for tribal families. We are committed to finding additional funding to support this area of need.

We know that there are housing

needs beyond affordable rental units, and would like to hear what you think they are. What programs and activities would you like to see offered by the Housing Department? Would you also like to see other housing support services offered? Answers to these types of questions will help us better serve the community and its many housing needs.

If you have a suggestion or items you think we should include in the IHP, please send us an email at housing@mwtribe.com by September 12, 2016.

A copy of the 2016 IHP is available for your review on the Tribe's website under "Announcements" and also under the "Housing Department" link. Please contact Brenda Fernandez at (508) 477-0208 ext. 104 if you would like to view a paper copy of the IHP. Also, the Housing Commission will hold a public comment period during their September 19, 2016 meeting beginning at 6:00 p.m. in the Mashpee Wampanoag Tribe Community and Government Center.

The Mashpee Wampanoag Tribe Housing Department hope you will participate in this process and please know that we welcome your input.

Mashpee Wampanoag Tribe is Hiring

There is currently a wide range of career opportunities available at the Mashpee Wampanoag Tribe. The Tribe has been recognized as one of the most attractive places to work based on compensation packages, benefits, opportunities for training and skill development programs. Take a look at the opportunities and let us know if you would like to explore working on behalf of your community.

Below is a list of career opportunities available at the Tribe. For a complete list of job opportunities along with the full position descriptions, please visit

www.mashpeewampanoagtribe.com/jobs.

- Human Services/ICWA Caseworker

- Human Services Administrative Assistant
- Tribal Historic Preservation Office Administrative Assistant
- Tribal Historic Preservation Office Manager
- Youth Coordinator
- Housing Director
- Security Guard

At the Mashpee Wampanoag Tribe preference is given to qualified Native American candidates in accordance with the Indian Preference Act of 1934 (Title 25, U.S.A., Section 472). For more information, please contact Ellen Sharpe, human resources director, at ellen.sharpe@mwtribe.com.

Attention all Tribal Laborers

Construction is moving ahead at First Light Resort & Casino and laborers are needed. Tribal members interested in filling laborer positions at the Taunton site are encouraged to contact the TERO Department.

Contact Diane Johnson, Mashpee Wampanoag Tribal TERO Officer for specific

ic details at Diane.Johnson@mwtribe.com or (508) 477-0208



Health Services: Elder Suicide

According to the American Foundation for Suicide Prevention, suicide is the 10th leading cause of death in the United States. Native Americans and Alaska Natives accounted for the second highest suicide rate among all age groups.

People over the age of 65 have higher rates of depression and suicide than the rest of the population. The risk of suicide for vulnerable older people maybe increased because of the likelihood of them having fewer people interested in their well-being, making their social isolation greater. In addition, many older people will not disclose how they are feeling. They may not readily discuss sad feelings or mental health concerns.

What increases risk or suicide

- Feeling of hopelessness, helplessness, or desperation
- Major loss
- Social isolation
- Drug and/or alcohol use or abuse
- Anxiety, agitation, or enraged behavior
- Physical or emotional illness

Reasons people attempt or consider suicide

- Overwhelming emotional pain
- Chronic illness or pain
- Isolation
- Loss of mobility
- Loss of loved one
- As an escape, they cannot see any alternatives
- Because life seems more terrifying than death

Warning signs of suicide

Note: These warning signs are reason for concern but does not necessarily mean the person is having thoughts of suicide.

- Noticeable mood changes
- Dramatic change in personality or appearance
- Withdrawal from friends and family
- Feelings of purposelessness or hopelessness
- Discarding of prized possessions
- Statements such as, "It'd be better for everyone if I wasn't around."

Help is available. Getting help is a sign of strength. Contact the Mashpee Wampanoag Health Service Unit Behavioral Health at (508) 477-6967 and ask for Clinical Therapists Nadine Phillips-Smart or PumukQien Collins.

Education Department to Host College Financing Workshop

Do you know how much college could cost in the next five to ten years? Put knowledge on your side by attending the Planning for College Workshop on Wednesday, August 24 from 6:30 p.m. to 8:00 p.m. at the Mashpee Wampanoag Tribe Community and Government Center located at 483 Great Neck Road South in Mashpee.

As colleges get more crowded and tuition continues to rise, the competition for financial aid is increasing. Also, loan rates and inflation could outpace the growth of your savings, and grants and scholarships tend to be modest. Various tax-advantaged investments can help you to pay for your child's education needs, and can be integrated into your overall financial strategy.

During the Planning for College Workshop you will learn about some power-

ful education savings plans including:

- 529 Plans - Popular, flexible and tax-advantaged education-funding vehicles
- UGMA/UTMA - Contribute to a custodial account, regardless of your income level
- Coverdell - Tax-advantaged investment vehicles for more control over financial decisions
- AXA Achievement - Scholarships from AXA Foundation

Please RSVP for this workshop to Mashpee Wampanoag Tribe Education Director Nitana Greendeer at (508)477-0208 x 149 or at nitana.greendeer@mwtribe.com by August 18. Space is limited so please reserve today.

The seminar will be presented by Paul E Goddu a financial planner at Highland Financial Group.



Securities offered through AXA Advisors, LLC (NY, NY 212-314-4600), member FINRA, SIPC. Annuity and insurance products offered through AXA Network, LLC, which conducts business in California as AXA Network Insurance Agency of California, LLC, in Utah as AXA Network Insurance Agency of Utah, LLC, and in Puerto Rico as AXA Network of Puerto Rico, Inc. AXA Advisors and AXA Network do not provide tax or legal advice. [[DBA Name] is not a registered investment advisor and is not owned or operated by AXA Advisors or AXA Network.]

Beating the Extreme Heat: Tips from EPrep

Extreme Heat Information & Safety Tips from the Mashpee Wampanoag Tribe Emergency Preparedness Department:

What is Extreme Heat? Extreme heat is generally defined as a prolonged period of excessively hot weather, which may be accompanied by high humidity. In Massachusetts, a "heat wave" is usually defined as a period of three or more consecutive days above 90 °F.

Why Prepare? Extreme heat can be dangerous and even life-threatening if proper precautions are not taken. In extreme heat and high humidity, the body must work extra hard to maintain a normal temperature. Most heat-related illnesses occur because the victim has been over-exposed to heat or has over-exercised for his or her age and physical condition. Although anyone can suffer from a heat-related illness, some people are at greater risk than others such as older adults, young children and those who are sick or overweight. To reduce the risks of extreme heat conditions, take the proper safety precautions to protect yourself and your family.

The National Weather Service issues heat watches and warnings to alert the public of potential extreme temperatures. Learn the difference between watch and warning so you know what to do to stay safe:

Excessive Heat Watch: Conditions are favorable for an excessive heat warning in the next 24-72 hours.

Heat Advisory: Daytime heat indices of 100°F-104°F for two or more hours. The heat index is a measure of how hot it

feels when relative humidity is factored in with air temperature.

Excessive Heat Warning: Daytime heat indices of greater than or equal to 105°F for two or more hours. Learn more about the Heat Index and how it is calculated



What to Do Before Extreme Heat:

- Be Informed by receiving alerts, warnings, and public safety information before, during, and after emergencies. Download the Massachusetts Alerts app.
- Create and review your family emergency plan.
- Assemble an emergency kit.
- Prepare your home for possible emergencies.
- Install air conditioners snugly, insulating if necessary.
- Cover windows that receive morning or afternoon sun. Outdoor awnings or louvers can reduce the heat that enters a home by up to 80 percent.

Enrollment Committee

The Enrollment Committee is looking for a dedicated Tribal citizen interested in helping to oversee the Tribe's enrollment process. Presently there are two open seats for three-year terms on the Enrollment Committee. If you are interested in serving on the committee, please send a letter of interest to Francie Dottin, executive administrative assistant to the chairman, at fdottin@mwtribe.com. The Enrollment Committee and the Enrollment Department are dedicated to the scrutiny of our Tribal roll and by all accounts hold our citizens' information in the highest confidentiality.

Election Committee Seeking Volunteers

The Election Committee is currently seeking volunteers and monitors for the upcoming regular election in February, 2017. If interested, please email Latoya Green at LGreen@mwtribe.com.

2nd Annual Artisan Festival Held at Community Park on July 24

Local, native artists showcased and sold their hand-crafted items at the Mashpee Wampanoag Indian Museum's 2nd Annual Native American Artisans' Festival on Sunday, July 24. The festival was held at the Mashpee Community Park located directly across the street from the Mashpee Town Hall. The event was open to the public who browsed, talked and learned about our culture.

Emcee Annawon Weeden provided stories, cultural information and historical details to the visitors.



Children were also able to get hands on at the festival with arts and crafts led by Kerri Helme.

For more information about the Mashpee Wampanoag Indian Museum and the many events it hosts contact Kitty Hendricks-Miller at ghendricks@mwtribe.com or at (508)-477-9339.



Wamp Wheels at Food Cart Fridays



Thanks Wamp Wheels, a native owned catering and food vendor business, locals can get some great native seafood for lunch each Friday at the Mashpee Community Park on Great Neck Road North. Wamp Wheels is one of several food vendors that takes part in Food Truck Fridays at the community park, located across the street from Mashpee Town Hall, each Friday from 11:30 a.m. to 2:00 p.m. Food Truck Fridays is organized by the Mashpee Recreation Department and runs every Friday until Labor Day.

Wamp Wheels serves up everything from fried clams, fish sandwiches and quahog chowder to wing dings, fries and burgers. They also have organic smoothies and strawberry lemonade.

For more information or if you would like to reserve Wamp Wheels for a catering event, call DaTanya Rezendes at (774) 208-2244.

Tribal Court: Timing

In any lawsuit, a critical component is timing. Timing is key because failure to meet deadlines may result in dismissal of your claim or you may lose your right to sue altogether. When counting days to establish deadlines, follow these rules:

1. Do not count the day the event that triggers the counting period.
2. Count every calendar day, including Saturdays, Sundays, and "legal holidays" as defined in Rule 3 of the Rules of Civil Procedure in definitions.
3. Include the last day of the counting period, but if the last day falls on a Saturday, Sunday, or legal holiday; the period continues to run until the end of the next day that is not a Saturday, Sunday, or legal holiday.

Example of How to Calculate Timing

1. You file a Complaint with the Court Clerk on September 3, 2013. The court Clerk certifies your complaint and is sues a Summons for you.
2. The counting period has now been triggered.
3. You now have 60 days to complete

service on the Defendant.

4. Begin counting the day after the Complaint was filed (Sept. 4), regardless what day of the week or holiday it may be.
5. The 60th day is Saturday November 2, 2013; because the last day is a Saturday the counting period is extended until Monday November 4, 2013. Service must be completed by the end of the day November 4.

Examples of when Timing is important:

- Complaint Deliver
- Alternative Service
- Motion to Dismiss
- Counter Claim
- Automatic Disclosure
- Limited Discovery
- Formal discovery
- Summary Judgement
- Questions of
- Default Judgement
- Execution of
- Appeals
- Customary Tribal Law
- Judgments

The Broken Shell

Our children are listening. Our children are watching. So, when a child is told “you can’t do that,” or “you’re stupid” they believe it. When a child is told “do as I say not as I do,” they can be confused. If a child is told “you are meant to be seen and not heard,” or “go somewhere will ya” the child can feel insignificant in his or her surroundings. Our children are like a sponge absorbing everything that they see and hear and using it to define their self-image.

This is where the Turtle comes in. Think of a child like a turtle with an exterior shell that’s made of love, hope, optimism, dignity, self-respect and joy. These are all elements that are natural to each and every child and like a shell are impacted by everything it comes in contact with. So, when negative things are told to our children it weakens that bright, optimistic core. Each of these negative words and images they come in contact with chips and chips and chips away at that shell.

That shell can become weak until our children lose self-confidence, morale and self-esteem. Over time as the shell weakens even more our children can lose interest in things like school, hobbies, family and self-pride. It’s so important that we protect that shell and feed it with positive messages.

What’s left of that shell shapes whom our children grow up to be and defines what they see as their value or place in the community. If that shell has been chipped and chipped and chipped away at until they do not have much or anything left to chip at, the challenges of being an adult will become insurmountable.



No child should be left without a shell to protect them from the world. So with these vulnerabilities come wrong decisions and with these decisions come consequences that not only affect that child but his or her family, loved-ones and all those who care about him or her creating a spiral effect only having to climb back out of that spiral a good portion of their lives in some cases never being able to.

So let’s build our children up, tell them we Love them, listen to what they have to say. Let them know they can do it and tell them “I believe you” and “I am going to do something about it.”

By promoting positivity to our children, building them up making them proud of themselves then we can send them out into the world with a hardened shell enabling them to take some chipping while out in a place called “Life.” Allow them to be strong Wampanoag children as they stand tall in the Circle amongst the people.

Medicine Man – Soaring Eagle

Criminal Jurisdiction Workshop

On April 25th the Mashpee Wampanoag Tribe hosted an informational Workshop regarding Criminal Jurisdiction in Indian Country. An article was presented in the June 2016 Nashauonk Mittark. However, the article failed to mention the role that Tribal Court played in the Workshop. Without the Judiciary Branch of government which includes a Supreme Court, District Court and a Peacemaker Court there would not be any type of justice or due process for tribal members. Tribal Court plays an intricate part in the government of the Mashpee Wampanoag Tribe. We were honored to have Supreme Court Judge Matthew Fletcher on the informational panel, who was able to speak to criminal jurisdiction and its impact for Tribal Court. He addressed the ability of Tribal Court to hear criminal cases now and the strides Tribal Court had made in preparation to hear criminal cases.

Judge Fletcher was also present in the Tribal Court to answer questions from visitors participating in the workshop and touring the court. It was important that the BIA, the U.S. Department of Justice, FBI, Massachusetts Police, Town of Mashpee Police Department, Town of Mashpee Board of Selectmen, Barnstable County Sheriff, City of Taunton Police Department, Bristol County Court know that the Mashpee Wampanoag Tribal Judiciary is a fully functioning court system. Chief Judge Robert Mills stated, “Tribal Court will be the one to rule on cases involving Tribal Court jurisdiction in criminal cases on tribal land unless regulated by the Gaming Compact.” The Elders Judiciary Committee (EJC) also participated on the panel to introduce Peacemaking and restorative justice. EJC members were present in the audience.

Job Opportunity for Tribal Elders

The Mature Workers Program of Elder Services of Cape Cod and the Islands is currently seeking a Mashpee Wampanoag Tribal Archives Apprentice.

The Mature Workers Program offers income-eligible, unemployed individuals 55 years and older training opportunities with area non-profit and government agencies. Program participants work 20 hours a week and are paid \$10.00 an hour.

Position Description: Under supervision from the Tribal Historic Preservation Department, the apprentice will learn how to assist the Mashpee Wampanoag Tribal Archivist with a variety of tasks and build new skills in the field of archival research. Key projects include identifying persons and places in the archive collection photographs. Trainee will invite other elders to help identify persons in photos they do not recognize. Due to the nature of tribal collections it is important that the applicant is very familiar with the town of Mashpee landscape and landmarks, tribal community, history, tribal events, and culture of the Mashpee Wampanoag. Some computer skills are required, however training will be given for each task.

Interested? Call Laura at (508) 394-4630 x540. The Mature Workers Program has additional openings in the Mashpee/Sandwich/Falmouth area that as well.



Meeting House Events



Richard Bourne Sunday Service
Sunday, August 21
Thanks Giving Celebration
Saturday, November 19
(Saturday before Thanksgiving)

MASHPEE WAMPANOAG TRIBE 2ND ANNUAL BACK 2 SCHOOL BASH



You're Invited

Mashpee Wampanoag Youth & Families are invited to come celebrate summer and the new school year with inflatable fun, games, snacks, and music!

Date: Sunday, August 7, 2016*

Time: 1:00 p.m. - 5:00 p.m.

Location: 483 Great Neck Rd South, Mashpee, MA

Parents/Guardians must attend with their children.

Sponsored by Youth Programs Department, for more information contact Director Tracy Kelley email: tracy.kelley@mwtribe.com or phone: (774)327-0878.

COMMUNITY



Health Services to Visit New Bedford Office

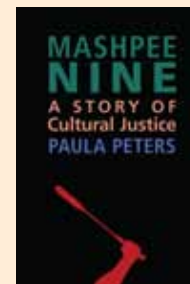
Indian Health Services and Tribal Health will be on site at the Mashpee Wampanoag Tribe's New Bedford Office on Thursday, August 25 from 9:00 a.m. to 3:00 p.m. to provide community outreach and a wide range of health services. The New Bedford Office is located at 1913 Purchase Street.

Health services that will be offered include Volunteer Care Giver Program, nutritional information (Title IV), community

engagement services and assistance, health insurance enrollment and alternative resources, substance abuse case management and sober home support, health screenings, and health and wellness information.

The mission of the Mashpee Wampanoag Tribe Health Department is to provide quality, comprehensive health care to Native Americans and their families in a culturally sensitive manner promoting good health, lifestyles, wellbeing and harmony.

Mashpee Nine Now Available on Amazon



Tribal member Paula Peters has written a companion book to the documentary film about the Mashpee Nine that is now available on Amazon. Mashpee Nine: A Story of Cultural Justice is also available locally

at the Mashpee Wampanoag Museum and includes details and interviews not shown in the film. The documentary film, Mashpee Nine: The Beat Goes On is about the raid on Mashpee drummers 40 years ago and their fight to be exonerated. Details of the next screening being planned for later this summer will also be announced soon. DVDs will also be made available.

New Date Set for Wampanoag Ball

The Mashpee Wampanoag Ball Committee is pleased to announce the 20th Annual Ball will be held on Saturday, October 1 at the Resort & Conference Center of Hyannis located across the street from the Melody Tent. The theme for this year's event is "Celebrating Our Sovereignty." Additional information, including ticket and sponsor packages will be announced in the near future.

Save the Date

20th Annual Mashpee Wampanoag Ball

Saturday, October 1

Resort & Conference Center of Hyannis